

# AMBER

## Ointment



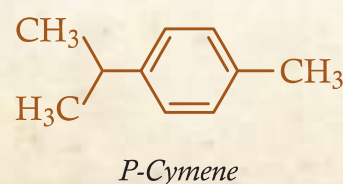
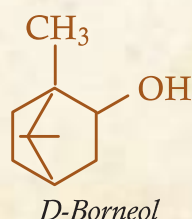
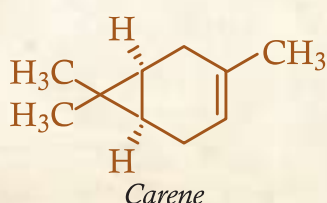
a treasure  
from the Baltic  
sea

# BALTIC AMBER and its properties



**Scientific research has shown that organic compounds found in Baltic Amber have a wide range of effects.**

Terpene group substances appear in **Baltic Amber** in large quantities. With their similar physical and chemical properties, compounds such as **Caren**, **D-Borneol** and **P-Cymene** have warming abilities which help to loosen up muscles around the joints as well as improving blood circulation. They also have the ability to stimulate sensory nerve endings therefore extending blood vessels and increasing skin blood flow, which can be beneficial in reducing pain.







**Baltic Amber** contains up to 8% succinic acid, a bio-stimulant which activates cell metabolism and shows anti-inflammatory and detoxifying properties. It can also be found in various food ingredients including gooseberries, apples, grapes and turnips. However, **Baltic Amber** contains a thousand times more succinic acid than even rhubarb stalks, the food richest in the acid!

**Baltic Amber** also contains minerals such as silica, magnesium, iron, calcium, potassium as well as organic compounds combined with iodine, volatile substances and resin acids which all have a positive influence on our health. Acid and oil also obtained from amber destroy free radicals as well as being a natural disinfectant. Raw, unpolished amber has antibacterial properties, facilitates the wound healing process and is said to reduce blood pressure.

# BALTIC AMBER: from tradition to modernity



Paleobotanists have found that **Baltic Amber** resin comes from a specific kind of coniferous tree known as *Pinus Succinifera*. The best proof we have of this are chips of bark and tissue (known as organic inclusions) contained within amber pieces and which trace back 40 million years. Since ancient times, from Europe to China, amber's attractive appearance has allowed it to serve as both decorative material and medicine.

**Amber necklaces** helped in treating upper airway disorders such as bronchitis and tonsillitis as well as asthma and toothaches. It was administered to children for chewing as a pain relief during teething! It was also known to treat sleep disorders, menstrual ailments and even bleeding in childbirth. **Amber Tincture** was made using amber pieces collected on the shore which were then left to stand in pure alcohol. It was renowned for general strengthening of the body and in cases of flu and colds, the tincture was rubbed in twice a day on the chest, feet and knees whilst for headaches a few drops would be applied on the forehead. When brought down with a cold, a little of the tincture rubbed under



the nostrils would be sure to cure you of a runny nose!

**Amber** was most importantly known to be a great healer of rheumatic disorders, where amber bracelets were proven to induce reduction or complete remission of arthritic bumps. As **Giacomo Fantuzzi** discovered from his 1652 journey to Gdansk, a coastal city in Northern Poland resting on the **Baltic Sea**, *“amber oil is effective for rheumatic diseases, easing muscle pains and improving blood circulation.”* In the coastal regions of Poland, you may still find that people adorn their homes with good luck charms made from amber.

In the Nineteenth Century, chemists continued the use of amber in medicine by preparing various **amber balms and tinctures** as well as beginning a trend for the use of amber in cosmetics. Today, amber is highly respected among natural medicine supporters who strongly believe that amber helps us to regain the natural balance of our electromagnetic fields by generating negative charges. Try it yourself by rubbing a piece of amber with wool to see the electrostatic effects!



# did you know...?



- ✧ **Baltic Amber** comes in a richness of varieties with differing degrees of transparency and diverse colours from yellow through to tints of white, blue, green, beige and brown.
- ✧ **Ancient Romans** believed serving amber with honey improved the eyesight whilst the ancient Chinese mixed amber with opium to make an effective sedative and analgesic.
- ✧ **In the Middle Ages**, monks drank amber in the form of a tinctured beer to cure stomach pains.
- ✧ **Copernicus**, the Polish medieval astronomer, who discovered the Earth moves around the Sun, prescribed Baltic Amber for heart disorders.
- ✧ **Avicenna**, a famous Arab physician, believed amber worn around the neck could reduce swellings of the thyroid gland.
- ✧ **During the Great Plague**, affected areas were incensed with amber smoke and sources from the Seventeenth Century note that amazingly in Baltic cities there were no deaths among amber jewelers!

# AMBER, a treasure encapsulated in our ointment



**Baltic Amber** is unique to the Southern shores of the Baltic Sea and is steeped in Polish medicinal tradition. Its healing and warming properties have been sworn by for centuries and have been used in ointments, balms, tinctures, even in jewellery claiming to relieve pain.

**Organic compounds** found in Baltic Amber such as terpene group substances **help to loosen up muscles** around the joints as well as **improving blood circulation**. Baltic Amber also contains succinic acid, a bio-stimulant and detoxifying agent as well as minerals such as magnesium, iron and calcium.

**Beneficial for massage and after physical exercise.** Amber Ointment also moisturizes, nourishes and soothes the skin.

**Use Amber Ointment** to massage joints and muscles. Rub in locally using circular movements and apply several times a day. For external use only. Store below 25°C.

**Free from artificial colour, preservatives and parabens.**

**Ingredients:** Hydrogenated Vegetable Oil, Amber Extract, Beeswax (Cera Flava), Lecithin, Tocopherol.

**Manufacturer:**

FARMINA SP. Z O.O. • UL. LIPSKA 44 • 30-721 KRAKÓW • POLAND



# a TREASURE from the BALTIC SEA



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